

# **High Blood Pressure: A Silent Killer On The Loose In Detroit**

## ***Facts About High Blood Pressure:***

- *Uncontrolled High Blood Pressure Can Lead to Stroke, Kidney Failure, Blindness or Heart Attack*
- *People With High Blood Pressure May Not Feel Symptoms (Sickness) Until Serious Problems Have Developed*
- *African Americans Have An Increased Chance of Developing High Blood Pressure and Complications*

## ***Now, For Some GOOD NEWS:***

- *Serious Complications Of High Blood Pressure CAN BE PREVENTED!*
- *We Can Offer You A FREE PROGRAM To Help You Manage Your High Blood Pressure*



Gift of Life Michigan/MOTTEP, Joy-Southfield Health & Education Center, and Howard University are collaborating to offer you a way to control your high blood pressure and reduce the risk of developing serious complications.

***Call 313-581-7773, extension 105, for more information or to schedule a presentation at your church, house of worship, or community organization. Presentations include FREE Healthy Soul Food Cookbooks, pedometers & other resources.***

